

TWIN LAKES SUMMER CAMP
Sample Day Camp Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Snack: donut stix, grape juice	Snack: cuties and nutri grain bar, apple juice	Snack: ritz cheese crackers, orange juice	Snack: honey bun, grape juice	Eggs, grits, bacon, biscuits, mixed fruit, orange juice, milk	
Lunch	Hamburgers, French fries, baked beans, kool aid, ice cream bars	Chicken & Waffles, syrup, mac and cheese, apple sauce cups, kool aid, ice cream bars	Club subs (ham and turkey on mini-hoagie buns), tater tots, kool aid, choc. chip cookies	Lasagna, green beans, garlic bread sticks, salad, kool aid, ice cream bars	Round Pizzas, niblet corn, salad, kool aid, ice cream sandwiches	
Supper				Chicken Dogs, French fries, baked beans, kool aid, birthday cake	Snack: snack packs, gatorade	Options: All lunches and suppers have turkey and ham sandwiches available upon request.