

TWIN LAKES SUMMER CAMP  
Sample Overnight Camp Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>		Eggs, grits, sausage patties, mixed fruit, orange juice, milk, water	French toast stix, bacon, oatmeal w/ brown sugar & raisins, cereal, yogurt, banana halves, milk, grape juice, water	<u>BREAKFAST IN BED:</u> Donuts, oranges, cereal, milk	Eggs, grits, bacon, biscuits, mixed fruit, apple juice, milk, water	<u>SET OUT BREAKFAST:</u> Muffins, cereal, yogurt, milk, grape juice
<b>Lunch</b>	Ham & Cheese Toastie, fruit cocktail, broccoli salad, kool aid, ice cream bars	Tacos, chips, salsa, queso dip, Mexican rice, refried beans, kool-aid, ice cream bars	Chicken Dogs, mashed potatoes, mixed veggies, kool aid, choc. chip cookies	Pulled pork sandwiches, potato wedges, baked beans, kool aid, sugar cookies	<u>PAVILION LUNCH:</u> Hot Dogs, chips, apples, cookies, Gatorade	
<b>Supper</b>	Fried chicken sandwich, sweet potato fries, kool aid, brownies	Orange chicken, rice, stir fry vegetables, kool aid, birthday cake	<u>COOKOUT:</u> Hamburgers, chips, Gatorade, Ice Cream Sundaes	Spaghetti, green beans, garlic cheddar biscuits, salad, kool aid, ice cream sandwiches	Hawaiian Ham, macaroni and cheese, lima beans, rolls, ice cream bars	<b>Options:</b> All lunches and suppers have turkey or ham sandwiches available upon request.